

## **CLINICAL STUDY: ORAL PHOSPHATE TOLERANCE TEST**

### **LOOKING FOR HEALTHY VOLUNTEERS AGED 40 TO 80 YEARS OF AGE WITH NORMAL KIDNEY FUNCTION**

**A research team at Queen's University invites** you to participate in a research study to establish normal phosphate excretion in response to the oral phosphate tolerance test in healthy subjects. Higher blood phosphate levels are associated with increased risk of cardiovascular disease. Our goal is to develop an "oral phosphate tolerance test" that can be used to identify people with abnormal phosphate excretion who are at high risk of heart attacks and strokes. You will drink a phosphate drink, have blood taken, provide urine samples and have your kidney function measured.

**Investigators:** Dr. Rachel Holden, MD, FRCPSC, and Dr. Christine White MD, MSc, FRCPSC.

**The study involves 1 visit to KGH + 5 hours of your time.**

**\$50 will be provided to cover parking, transportation and 2 meals.**

**For more information please contact us today**

(613)533-6000ext74500 or  
phosphokinetics@gmail.com

