



## CTU-C Care Navigator Coverage

*As of October 23<sup>rd</sup> the CTU-C Navigator position is vacant. Until the position is filled, the following coverage applies:*

Care Navigator involvement is indicated for complex discharges as defined by the following:

- Patients with a history of multiple ED visits / hospital admissions
- Frail elderly patients who live alone or with a frail spouse
- Patients who appear not able to return to their current place of residence
- Patients who have had a long, complex hospital stay
- Palliative patients (NOT awaiting PCU)
- Re-patriation requests

**Sarah Thompson** (CTU-G CN) will be the point of contact for CTU-C. **613-929-5936**. She will accept consults for complex discharges from C and then distribute cases among the CNs to follow.

Resources for Discharge Planning can be found on the KHSC website at:

<https://khscnow.kingstonhsc.ca/cr/discharge-planning>

(Includes Homecare e-referral tutorial)