COMMUNITY INTERNAL MEDICINE ROTATION GOALS AND OBJECTIVES

Goal: To provide an exposure to and clinical experience in community-based Internal Medicine including intensive care.

Objectives: During the Community Internal Medicine rotation, the resident will achieve the following in their role as:

A. Medical Expert

- 1. Assist in the provision of expert internal medicine consultations to family physicians, emergency room physicians, and internal medicine specialty physicians.
- 2. Assist in the provision of expert care of patients in a community hospital intensive care unit including admission and discharge assessments and daily management.
- 3. Begin to develop technical skills required of a general internist including intubation, central line insertion, arterial line placement, temporary pacemaker insertion, cardioversion and TPN administration. Knowledge of the indications, contraindications, and complications of procedures will be required.
- 4. Recognize the need for expert assistance in the management of complex and critically ill patients in the community setting. Such assistance may include consultations with the internal medicine subspecialties as well as surgery, anaesthesia and psychiatry.
- 5. Recognize the need for tertiary care referral and the expeditiously arrange for transfer and transport of critically ill and unstable patients.
- 6. Demonstrate skills in the diagnosis and treatment of the diversity of problems encountered on an internal medicine service.

B. Communicator

- 1. Provide concise yet appropriately detailed admission/consultation letters to referring physicians.
- Maintain a flow of information to physicians involved in the care of hospitalized patients. The importance of communication with family physicians will be emphasized.
- 3. Formulate a problem oriented medical record that reflects the plan of management, decisions about investigations and treatments, and communication issues with patients and/or families
- 4. Verbally present a concise synthesis of the patient's problem
- 5. Discuss end of life treatment goals and preferences with patients with serious or terminal illness.

C. Collaborator

- 1. Work in concert with senior colleague(s) to provide appropriate care to patients referred for internal medicine consultation.
- 2. Work as a member of a team of physicians caring for complex and critically ill patients.

- 3. Recognize the important and central role of family physicians in the management of patients in a community hospital and to learn how to provide concurrent care with family physicians.
- 4. Utilize the expertise of allied health care providers.

D. Manager

- 1. Learn to guide a team of physicians and allied health care providers in the care of a complex and/or critically ill patient.
- 2. Learn to develop priorities in the management of patients with varying degrees of illness while on call for ICU/ ER/ consultations and ward patients.
- 3. Learn to chart patient data and progress efficiently and to recognize the importance of well-organized medical records.
- 4. Understand the role of specialized investigations (echo, EST, PFT, endoscopy) in the management of patients in a community hospital and to learn how to efficiently access investigations in a tertiary care center (coronary angiography, IVR).
- 5. Demonstrate the ability to multi-task, prioritize responsibilities, and delegate responsibilities at a level appropriate for the resident's level of seniority

E. Health Advocate

- 1. Identify and initiate management of risk factors for CAD, peripheral vascular disease, renal failure, stroke, diabetes, COLD, and cancer.
- 2. Recognize the important links between community and tertiary care hospitals and identify ways to improve the flow of patients and information between centers.
- 3. Understand the importance of patient education and initiate where appropriate.

F. Scholar

- 1. Review and critically appraise the literature for diagnostic and therapeutic options related to relevant clinical problems encountered in the community hospital setting.
- 2. Prepare and present rounds for colleagues and allied health personnel.

G. Professional

- 1. Demonstrate a professional approach to health care staff, patients, and families.
- 2. Develop as appropriate and respectful relationship with referring physicians.
- 3. Recognize their limitations and seek advice and consultation when needed
- 4. Describe and demonstrate the basic approach to common ethical issues in the management of patients with medical illnesses, including resource allocation and end-of-life care (e.g. Advance Directives and capacity)
- 5. Deliver the highest quality of care with integrity, honesty and compassion
- 6. Exhibits exemplary personal and intra personal behaviour including deportment, punctuality, and respect