



Division of Palliative Medicine



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How to Access Palliative Care in KFL&A

| Issue | Solution | Links | Details |
|------------------------------------|--|---|--|
| Patient with palliative care needs | Refer to Home and Community Care Support Services (South East) | https://healthcareathome.ca/making-a-referral/ South East – Kingston Office Phone: 613-544-7090 Fax: 613-544-1494 | -Access to nursing, PSW, PT, OT, SLP, dietician, SW -Access to medical supplies (e.g., hospital bed, commode, etc.) -Order SRK, CADD, SC hydration, etc. |
| Medications | Oral medications | | -Fax prescription to patient's regular pharmacy |
| | Injectable medications | https://healthcareathome.ca/document/south-east-medical-order-form/ | -Fax order to Home Care to give nurses order to draw up injectable medications and to teach caregivers how to administer -Fax separate prescription to Medical Pharmacy (fax: 613-384-1905, phone: 613-384-3914)* |
| | CADD | https://healthcareathome.ca/document/cadd-solis-pca-prescription-order/ | -Basal rate, bolus dose + frequency, volume, concentration -Will have to order contingency plan orders incase pump fails (e.g., small amount of opioid SC q4h + q1h PRN) |
| | Symptom Response Kit (SRK) | https://healthcareathome.ca/document/se-symptom-response-kit-for-end-of-life-order-form/ | -Box of injectable medications in case of emergent symptoms/patient loses their oral route to bridge until routine medications are ordered -Also has foley catheter supplies, syringes, SC butterflies |

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| Patient and/or caregivers need support | Refer to Hospice Kingston | Hospice Kingston - Providence Care hospicekingston@gmail.com Phone: 613-542-5013 | -Provide comfort, support, and companionship to people facing life-limiting illnesses, their caregivers, and families, and those who are affected by grief or loss |
| | Refer to Bereaved Families of Ontario - Kingston | https://bfo-kingston.ca/ | |
| Patient needs home oxygen | Refer for oxygen | Medigas: https://www.medigas.com/en/healthcare-professionals/make-a-referral Phone: 613-546-5529 Fax: 613-549-8586 ProResp: https://www.proresp.com/locations/kingston/proresp Phone: 613-876-3402 Fax: 613-766-6518 InspiAIR: https://www.inspiair.ca/healthcare-professional-resources/ Phone: 613-547-2727 Fax: 613-547-9727 | -Only covered for palliative purposes for 3 months -If your patient will need oxygen for >3 months, will need walk test to see if qualifies for home oxygen coverage |

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| Expected Death in the Home (EDITH) | Home care order for "nurse may pronounce" | https://healthcareathome.ca/document/south-east-medical-order-form/ | -Instruct families that first point of contact should be home care nurse, not 911, in the event that the patient dies at home |
| | DNR-C | Original required (with unique serial #); may order copies from MOHLTC. | -Patient should have completed DNR-C form in home |
| | Death Certificate |  11291E.pdf  11291F.pdf | -Can be submitted electronically (see link to PDF) or physical copy dropped off at the funeral home |
| You need support managing your patient's palliative care needs | Consult Hospice Palliative Care Nurse Practitioner | https://healthcareathome.ca/home-care/palliative-care/ | -Work with primary care provider in a shared care model to provide direct clinical care in the home in order to support continuity of care -They provide coverage Monday to Friday 8-5, no after hours or weekends |
| | Consult Queen's Palliative Care | https://deptmed.queensu.ca/divisions/palliative-medicine/clinical | -eConsult (https://otnhub.ca/) -Referral to clinic (cancer diagnosis) or community outreach team -Phone advice available 24/7 (call KGH switchboard 613-548-3232 and ask for Palliative Care) |
| Patient needs admission to the Palliative Care Unit | Consult Queen's Community Palliative Care Outreach Team | https://deptmed.queensu.ca/divisions/palliative-medicine/clinical | -Prognosis felt to be short weeks or less (<3 months) -In referral please specify that you are requesting consideration for PCU admission |