

Methadone Prescribing Guidance for CTU Patients

- Continuation of Methadone therapy at discharge for patients chronically on methadone, either for pain control or substance abuse, represents an important transition period for many CTU patients
- Resuming outpatient therapy over the weekend can be challenging and represents a potential gap in care

Suggested Approach:

NB: Ontario prescribing laws for methadone have changed allowing discharging MDs to prescribe methadone without a specific methadone license

1. Discharges on Monday to Thursday - administer dose for the day of discharge in hospital, and provide a one day prescription for methadone at discharge
2. On Friday or Saturday - administer dose for the day of discharge in hospital, and provide a prescription through to and including Monday (2-3 day prescription)
3. Call Street Health to notify of all discharges (613) 549-1440