

Suitable Patients for Medical Short Stay Unit (MSSU)

- Anticipated Hospital stay of 72hrs +/- 1-2 days
- Independent, ambulatory at baseline
- Good social supports
- Minimal requirements for PT/OT assessments
- Available DC destination (NH ok if brief stay anticipated)

Examples of Typical Diagnoses (not exclusive)	Clinical characteristics (guidelines only)
Uncomplicated COPD exacerbation / Pneumonia	O2 requirements <4L/min No confusion, No recent intubation No need for NIV, CURB 65 ≤1
Low risk GI bleed	Hemodynamically stable No dramatic Hb drop
Asthma	Improvement after initial treatment No recent intubation
Thromboembolic disease (DVT/PE)	Hemodynamically stable, thrombolysis NOT indicated
Non-cardiac chest pain	Only admit to MSSU if ACS ruled out
Pancreatitis	Not gall stone related (surgery) Low risk
Cellulitis	Only require few days iv antibiotics in Hospital, Not decubitus ulcers
Acute kidney injury / Simple electrolyte disturbance	If pre-renal and responds to IVF Reversible electrolyte disturbance
Other	Biopsy of mass Post-procedure complication (e.g. pneumothorax/pancreatitis)

Poor Candidates for MSSU

- Frail, elderly patients
- Patients unable to ambulate (unless already NH patient)
- Patients who require extensive allied health involvement during admission
- Failing at home or retirement home
- Homeless
- Poor social supports
- Prior history of multiple or prolonged hospitalizations
- Patients requiring multiple consultations